



Swim-a-Dex

Canoeists everywhere enjoy "pub-paddling", with a pint in hand they can tell paddling stories and strike fear and wonder in to those that have nothing better to do than listen. There is of course a fine line between a good story and a down right lie...In the interest of accuracy we present the DCC Swim-a-Dex to record a history of recent swims.

Paddler	Date	Location	Conditions	Comments / Excuses	Rescued by
Danny Mulhern	26 Oct 2008	River Roe, Section after the Leap	Medium - Low	<i>Question: "What made me go over that time." Answer: "That big rock there Danny.."</i>	Throw rope from Paul. Then getting a lift downstream he capsized Davey and didn't let go even when Davey rolled the both of them back up again !
Danny Mulhern	26 Oct 2008	River Roe, Brick wall stopper	Medium - Low	<i>Just going for it and enjoying having a go...respect!</i>	Denis & Davey
Marianne Green	26 Oct 2008	River Roe, Brick wall stopper	Medium - Low	<i>Leant back going into stopper but was glad to test her exit from the boat under pressure.</i>	Denis & Davey
Davey Leonard	26 Oct 2008	River Roe, 2 nd weir	Medium - Low	<i>One of the following may apply... 1) Undergoing Research & Development for Palm drysuits. 2) My knee popped off the thigh brace 3) Trying to show off in front of Marianne</i>	Due to being doubled up in pain from laughing Cathal was unable to assist, leaving Davey to rescue himself
Danny Mulhern	26 Oct 2008	River Roe, 2 nd weir	Medium- Low	<i>Not leaning forward into stopper. Got it on 2nd attempt</i>	Davey
Paul Reed	4 Oct 2008	Lower Eany	Very High Water	<i>Sloppy paddling into stopper, which popped the spray deck and flipped him backwards. He was too far river right for throw ropes to reach him. Managed to head butt a tree trying to vault a strainer during swim, breaking his helmet and his face!</i>	Himself with many thanks to Edward for finding paddle and Coastguard for retrieving boat
Nial Doran	7 April 2008	Etive, Triple Steps, Scotland	Low water	<i>Ok won't make that mistake again...Went over the 2nd drop on his head-Doh!</i>	Johnny
Nial Doran	7 April 2008	Etive, Triple Steps, Scotland	Low water	<i>Went over the 2nd drop on his head and got a thump in the mouth</i>	Johnny
Andy Harron	5 April 2008	River Speen, Scotland	Med-High, Dam on 3 pipes,	<i>Never again will I skip mass to go paddling</i>	Denis Gallagher and Edward Broekaart
Nial Doran	4 April 2008	River Orky, Scotland	Low-Med water	<i>Good man! Always willing to give blood..to the river!</i>	Rescue Committee

Declan Burke	4 April 2008	River Orky, Scotland	Low-Med water	<i>Pulled my shoulder, better got to Glasgow on the lash</i>	Rescue Committee
Liam Emery	4 April 2008	River Orky, Scotland	Low-Med water	<i>I'm looking forward to going skiing this weekend</i>	Rescue Committee
Catriona Wood	4 April 2008	River Orky, Scotland	Low-Med water	<i>"I'd Rather be kayaking" – on FLAT water</i>	Rescue Committee
Declan Burke	1 Mar 2008	River Finn, Castlefin	High Water	<i>I'm ok now, I've got the strokes going.. 1, 2, 3, 4, 5, 6....feck!</i>	Himself
Declan Burke	1 Mar 2008	River Finn, Castlefin	High Water	<i>I've just won an award for loosing weight but hey! I think this K1 is sinking...</i>	Himself
Manus O'Donnell	27 Jan 2008	Leap to the weir section, River Roe	Low Water	<i>Good run till this, but a big improvement on your last run down the Roe so well done.</i>	Rescue Committee
Mary Martin	27 Jan 2008	Leap to the weir section, River Roe	Low Water	<i>The spoon might work in the class room, but if you see a hard rock in front of you on the river Mary you have to paddle round it!</i>	Rescue Committee
Liam Emery	27 Jan 2008	Dog Leap, River Roe	Low Water	<i>Tricky to miss that head banging rock on the right when the water is this low, and too narrow to brace. Good effort!</i>	Declan Burke
Cartiona Woods	27 Jan 2008	2nd weir, River Roe	Low water	<i>Just having a bad hair day</i>	Davey Leonard
Cathal Herron	13 Jan 2008	Ken's Hole, River Finn	Medium water	<i>Conditions could best be described as horrendous or even monstrous, luckily Andy was there to rescue me with no regard for his own life</i>	Andy Harron
Liam Emery	13 Jan 2008	River Finn	Medium water	<i>No, no, no, it wasn't a swim now, I just caught a stick in the eddy and sort of fell out, didn't even get my hair(?) wet</i>	Himself
Andy Harron	5 Jan 2008	Sheep Dip, River Finn	High Water	<i>We were like corks bobbing about..I meant to go river right but was a bit too centre, the hole caught my tail and ended me</i>	The Rescue Committee
Andy Harron	5 Jan 2008	The wee burn that runs into the Finn	High water	<i>"A tree grabbed my paddle and wouldn't let it go"</i>	Himself
Andy Harron	9 Dec 2007	Last weir, River Roe	High water	<i>Eye witness report: "I was surprised to see him take the weir because he doesn't normally like to get his kayak wet"</i>	Paul Reed (under instruction from Cathal Herron)
Bernard McDyre	9 Dec 2007	Play wave, River Roe	High water	<i>3 times he pushed in front of the group of 10 queuing for the wave, then the hand of God smite him down!</i>	Davey Leonard
Manus O'Donnell	2 Dec 2007	Mourne, NI (race)	Medium to high	<i>"I had a little paddle, then a little swim, then a fag, then</i>	Himself

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				a bit more paddlin, then a bit more swimming, another fag and some more paddlin"	
Cathal Herron	18 Nov 2007	Ken's Hole, River Finn	Low water	"It was a big day out there, really tanking, probably class 5..."	Declan Burke
Denis Gallagher	4 Nov 2007	Ken's Hole, River Finn	Medium water	Nearly brained by a rock, found dent in his eXtreme paddling helmet and in his pride	Cathal Herron